

Tips - Lymphedema Pump Pressure & Time Setting

The following considerations are no substitute for professional clinical judgment:

- Initial treatment is usually 1 hour duration twice daily. Assess tolerance and adjust as needed to optimize therapy. May be used up to 4 hours daily in intervals of 30min to 2 hr.
- Recommended use based on lifestyle e.g. after dinner, during television show, etc. Most beneficial late in the day.
- Total pressure should not exceed diastolic blood pressure. Usually begin at 15-20 mmHg less.
- Common distal pressure setting for legs is 40mmHg for 4 chamber pump and 50mmHg for 8 chamber pump. Rarely over 40mmHg for arms with either pump. High pressure should be set with caution.
- Consider pressure of any item, such as stockings, wraps, or bandages which cannot be removed, prior to pump treatment when calculating pressure settings
- Not intended for use overnight.
- Wounds should be covered and any extremity elevated during treatment.
- Stop and call physician if increase in swelling above sleeve, increase in pain or redness, blistering, fever, or general flu like symptoms

*Not a substitute for a full review of Operating Instructions.

*Always review contraindications and warnings in the user manual/operating instructions before use.

